

University of Pretoria Yearbook 2016

Nutrition during life cycle 321 (VDG 321)

Qualification	Undergraduate
Faculty	Faculty of Natural and Agricultural Sciences
Module credits	17.00
Programmes	BConsumer Science Foods: Retail Management BConsumer Science Hospitality Management BSc Food Management (4 years)
Prerequisites	VDG 311
Contact time	3 lectures per week, 1 practical per week
Language of tuition	Double Medium
Academic organisation	Consumer Science
Period of presentation	Semester 2

Module content

The role of nutrition in the life cycle. The role of nutrition in the prevention of lifestyle related diseases - osteoporosis, cancer, coronary heart disease, tooth decay. Vegetarianism. Different conditions of malnutrition: Protein Energy Malnutrition and obesity.

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